



SWEDEN

St. Lucia's Day



One of the biggest celebrations in Sweden at Christmastime is St. Lucia's Day. It is celebrated on December 13, the Winter Solstice and the shortest day of the year. The star girl wears a white dress, a red scarf and a crown of candles. The star boy wears a white hat with stars. Jultomten (Santa) or Tomten (gnome) deliver the presents to children. They eat Lussekatter (hot buns) and drink hot cocoa for breakfast.

SWEDISH STORIES

- D is for Dala Horse: A Nordic Countries Alphabet by Kathy-jo Wargin
- [Lucia Morning in Sweden by Ewa Rydaker](#)
- The Tomten by Astrid Lindgren

CRAFT

Tomten Garland



- Cut triangles from white and red paper. Allow your child to take the lead.
- Cut circles for the faces.
- Glue the tomten parts together as shown above.
- Draw faces.
- Cut invisible thread to the desired length and tape tomten to the string.
- Hang in the window or on a tree or wherever you think a bunch of mischievous gnomes should hang out.

RECIPE



LUSSEKATS

MUSIC

SE DET
SNOAR

(It's
Snowing)