



# **STORY OF THE DAY**

## **FIDGETY FISH**

by: Ruth Galloway

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### **STORY EXTENSION IDEAS**

- Make a hand octopus with paper and fingerpaint. Put one handprint on paper, then put another handprint overlapping the last but pointing in the opposite direction. The base of the hand creates the body of the octopus. The fingers make the tentacles.
- Make a paper plate jellyfish. Cut a paper plate in half and color with crayons or paint. Draw on eyes and then use strips of tissue paper for the tentacles.
- Create waves in a bottle. Fill a plastic soda bottle half way with blue dyed water. Next fill the remainder of the bottle with oil. Now your children can make waves by tilting the bottle.
- Make some quick easy fishy treats. Make blue jello and put in gummy fish. Make cookies in the shape of sea creatures (fish, starfish, sea horses, etc...)

### **IDEA OF THE DAY**

#### **TRY SOME TARGET PRACTICE**

While there's a temporary hold on those family trips to Target, give another kind of target a try. Cut a few 8- to 9-inch holes in a big piece of cardboard, draw a target with chalk on a sidewalk or in your driveway, or pick a target outside, such as a tree, your garage door, or the side of your apartment building. Encourage your child to try to throw a beanbag or small ball through the holes or at the target. Have your child start very close to the target and then move back a few feet, and show them how to throw underhand and overhand. Be sure to cheer for them when they hit the target.